

## THE LIGURIAN COAST BETWEEN LE CINQUE TERRE AND RECCO



**Duration:** 5 days 4 nights

**Min number of people:** 2

**Adult price:** 2130

**The price refers to:** person

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*Program:*

## DAY 1

Independent arrival in La Spezia. Upon arrival, check-in at 4\* Hotel Firenze Continental (or similar) in 1 Superior Room on B&B basis. Rest of day and free meals.

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## DAY 2

After breakfast, depart from the hotel by private vehicle and expert guide to Rapallo, driving along the scenic Via Aurelia. The tour begins with a walk through the historic center to the Music Kiosk, continuing to the bustling local market to discover the ingredients of Ligurian recipes. Visit an artisanal pasta factory to taste traditional pansoti with walnut sauce, followed by street food stops with cheese focaccia and Vermentino. At a typical store, cooking class of Genoese pesto in the mortar with the chef. The tour concludes with pandolce and Moscato di Portofino. In the afternoon, cable car ride to the Montallegro Sanctuary to admire the view of the Tigullio Gulf. Return to the hotel in the late afternoon. Free dinner.

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## DAY 3

After breakfast, departure from the hotel by private vehicle and arrival in Manarola, one of the jewels of the Cinque Terre. Meet with the local guide for a tour of the village, including carruggi and glimpses of the sea. Continue with a unique experience among the vineyards: the owner of a renowned local winery accompanies the group on a walk among the terraced vineyards overlooking the sea, passionately recounting the history and challenges of viticulture in this impervious territory. At the end, tasting of two wines from his production. Free lunch in the village. In the afternoon, transfer by boat to Monterosso, the only village in the Cinque Terre with wide beaches, where you will visit the historic center and enjoy some relaxation overlooking the sea. Return late afternoon. Free dinner.

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## DAY 4

After breakfast, depart from the hotel by private vehicle and local guide, driving along the scenic Via Aurelia towards Recco. Arrival at the historic gourmet restaurant Manuelina, famous for Focaccia col Formaggio. Here you will attend a show cooking dedicated to this specialty: the chef will explain ingredients and preparation

techniques, while participants will be able to interact verbally with the focaccia maker. This will be followed by lunch with "La Tradizione" menu: Focaccia col Formaggio, Pansoti with walnut sauce, Genoese-style sea bass fillet (or meat alternative), cocoa prescinseua pudding, Sciacchetrà pears with hazelnut cookie, and coffee. In the afternoon, transfer to Camogli, a charming seaside village overlooking Paradise Gulf, famous for its tall colorful houses and authentic atmosphere. At the end of the excursion, return to the hotel. Free dinner.

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## DAY 5

After breakfast, check out from the hotel. End of services.

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### Il tour include:

4 nights at the 4-star Hotel Firenze Continentale in La Spezia in a Superior Double Room Transfers as indicated in the program Guided tour of Rapallo with a local guide and tasting of typical local products Cable car ride from Rapallo to Montallegro Guided tour of Manarola and Monterosso with a local guide Boat transfer from Manarola to Monterosso Guided tour of Recco and Camogli Cooking show and lunch at the restaurant "La Manuelina"

### Nel tour non è compreso:

Arrival and departure on your own Meals not specifically mentioned Anything not expressly stated under "the price includes"



## The Ligurian Coast between Le Cinque Terre and Recco

A 5-day tour along the beautiful Ligurian coast, based in La Spezia, is the perfect way to explore breathtaking landscapes and picturesque villages. This Cinque Terre itinerary in Italy begins with a visit to Rapallo and the charming Montallegro Sanctuary, nestled in the tranquil hills and accessible by cable car. The trip continues with carefully selected tours of the Cinque Terre, a UNESCO World Heritage Site famous for its colorful villages perched on cliffs overlooking the sea. These small-group tours offer a more intimate and authentic experience, including a hands-on cooking class in which guests learn how to make traditional Genoese pesto. Rounding out the experience is a wine tasting among the region's characteristic terraced vineyards. The itinerary also includes a visit to Recco, famous for its focaccia, where guests can not only sample the famous specialty but also enjoy a typical Ligurian lunch.



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Option to add an optional excursion to Portofino, one of the Riviera's most glamorous destinations.

